

If you or someone you know needs help
you can begin by calling:
1-888-829-7484

Or you can obtain more information about our range of services:

Huron Perth Helpline & Crisis Response Team

1-888-829-7484 · hpha.ca

Huron Perth Healthcare Alliance Stratford General Hospital

Inpatient Psychiatry 519-272-8210 Ext. 2479

Outpatient Mental Health Services 519-272-8210 Ext. 2570

Alexandra Marine & General Hospital

Inpatient Psychiatry 519-524-8689 Ext. 5261

Community Psychiatric Services 1-877-695-2524 Ext. 5900

Huron-Perth Centre for Children & Youth

hpcentre.on.ca · Huron: 519-482-3931

Perth: Stratford 519-273-3373 or Listowel 519-291-1088

Choices for Change

1-877-218-0077 · choicesforchange.ca

Canadian Mental Health Association – Huron Perth Branch

1-888-875-2944 · 519-273-1391 · cmhahuronperth.com

Huron Safe Homes for Youth

1-800-361-1640 · huronsafehomes.com

Stratford/Perth Shelterlink

519-272-2294 · www.shelterlink.org

Huron Women's Shelter

1-800-265-5506 · huronwomensshelter.ca

Optimism Place

1-800-265-8598 · optimismplace.com

Victim's Services Huron County

519-600-4108 · www.victimserviceshuron.ca

Family and Children's Services (CAS)

Huron: 1-888-371-5718 · www.h-pcas.ca

Perth: 1-800-668-5094

Rural Response for Healthy Children (Huron County)

1-800-479-0716 · rrhc.on.ca