

GODERICH TRIATHLON
AUG. 16, 2009

SOLO								1 KM SWIM		
PL	TIME	NAME	CITY	DIV	CAT	AGE	#	OVR	DIV	TIME
1	1:56.03	LINESMAN, MARK	SARNIA	1/10	B	24	450	2	1/10	8.07
2	1:56.15	HAY, MICHAEL	GUELPH	1/22	D	41	464	1	1/22	8.00
3	2:00.39	BUEHLOU, PETER	BRIGHT	2/22	D	49	521	12	4/22	9.46
4	2:08.40	PELLM, JAMIE	ST. THOMAS	1/12	C	37	510	48	5/11	11.27
5	2:09.38	LUTZ, SIMON	LONDON	2/10	B	23	451	10	2/10	9.34
6	2:09.42	DOHERTY, TIM	ZURICH	3/22	D	42	461	3	2/22	8.11
7	2:09.51	JACKSON, CRAIG	KINCARDINE	2/12	C	36	522	23	3/11	10.15
8	2:10.10	KEMP, JESSE	LONDON	3/12	C	31	547	4	1/11	8.55
9	2:10.54	GADE, MIKE	KINCARDINE	4/22	D	41	463	20	7/22	10.02
10	2:11.02	FRASER, SHERI	LONDON	1/8	J	50	534	16	1/8	9.53
11	2:11.36	MAGOR, GRAEME	MARKDALE	1/19	E	53	518	25	3/19	10.22
12	2:12.07	WILLIAMS, KEN	LONDON	2/19	E	53	475	34	6/19	10.45
13	2:12.03	BATTEN, STEVE	LONDON	5/22	D	42	526	57	12/22	11.53
14	2:13.09	LEE, ANDREW	PORT LAMBTON	1/3	A	19	513	8	1/3	9.25
15	2:13.36	FABIAN, KIM	KITCHENER	1/16	H	36	530	17	2/15	9.55
16	2:13.40	MCNEILL, ROBERT	LONDON	6/22	D	45	466	31	8/22	10.33
17	2:15.07	HOTCHKISS, SHANE	KINCARDINE	7/22	D	44	549	32	9/22	10.34
18	2:15.32	PELL, ERIN	ST. THOMAS	2/16	H	33	511	30	6/15	10.28
19	2:17.04	BYERLEY, MARK	WATERLOO	4/12	C	38	453	44	4/11	11.18
20	2:18.07	TCHIR, TARA	LONDON	3/16	H	39	516	28	5/15	10.25
21	2:18.17	HOUGHTON, CARRIE	KINCARDINE	4/16	H	33	529	15	1/15	9.53
22	2:18.25	CHAMPION, STEVE	DORCHESTER	8/22	D	41	535	19	6/22	10.01
23	2:19.33	NICHOLSON, DON	LONDON	3/19	E	54	514	7	1/19	9.18
24	2:21.36	ROSEBROUGH, ERIN	LONDON	5/16	H	30	520	51	10/15	11.37
25	2:21.58	LINESMAN, TERRY	SARNIA	4/19	E	54	472	93	19/19	15.08
26	2:22.38	DRIVER, IAN	KINCARDINE	5/19	E	51	470	13	2/19	9.49
27	2:22.55	RAIRFIELD, ROB	ST. THOMAS	9/22	D	42	541	61	13/22	11.57
28	2:24.29	CAMERON, SCOTT	GUELPH	6/19	E	50	469	65	13/19	12.27
29	2:24.42	SPENCE, CHAD	LONDON	5/12	C	30	457	9	2/11	9.26
30	2:24.51	ROTH, ANGIE	LONDON	6/16	H	34	519	36	8/15	10.54
31	2:24.56	WILSON, PETE	LISTOWEL	7/19	E	54	476	59	12/19	11.54
32	2:25.47	TOUT, RICHARD	KINCARDINE	8/19	E	57	474	47	9/19	11.24
33	2:26.25	KNIGHT, KATHERINE	GUELPH	1/4	G	24	509	24	1/3	10.20
34	2:26.36	LAIDLAW, DEREK	STONEY CREEK	3/10	B	28	449	39	5/10	11.00
35	2:26.40	CASSIN, JOHN	GRAND BEND	10/22	D	44	508	18	5/22	9.57
36	2:27.17	LAIDLAW, ALISON	HAMILTON	7/16	H	30	482	96	14/15	16.02
37	2:27.17	MACTAVISH, JEFF	WALLACEBURG	11/22	D	47	532	72	17/22	13.02
38	2:27.39	DAVIDS, THOMAS	HAZEL PARK, MI	12/22	D	48	492	79	20/22	13.20
39	2:28.30	HAMMENTS, MEGAN	WINDSOR	2/4	G	26	512	70	3/3	12.50
40	2:30.16	BRUCE, ROB	LONDON	9/19	E	53	500	27	4/19	10.24
41	2:30.21	SCHAERER, MARY	GODERICH	1/9	I	47	494	60	6/9	11.55
42	2:30.21	ALMEIDA, JANICE	LONDON	2/9	I	49	523	14	2/9	9.52
43	2:33.26	CROWE, DOUGLAS	ESSEX	13/22	D	46	460	5	3/22	8.59
44	2:33.44	PARSONS, CHERYL	SARNIA	3/9	I	47	488	33	3/9	10.36
45	2:33.58	PETROPOULOS, KRISSIE	LONDON	8/16	H	36	537	22	3/15	10.10
46	2:35.56	TALLACK, TIM	LONDON	10/19	E	56	531	86	17/19	14.16
47	2:36.15	CRAWFORD, DAVID	WALKERTON	14/22	D	47	459	68	16/22	12.46

48	2:36.53	NICOLUSSI, ANNE	LONDON	4/9	I	45	517	6	1/9	9.06
49	2:37.11	MACKAY, SCOTT	ST. MARYS	11/19	E	50	473	82	15/19	13.27
50	2:37.36	PATERSON, ALASDAIR	WATERDOWN	6/12	C	35	456	84	10/11	13.57
51	2:38.15	ST. JOHN, MEAGHAN	LONDON	9/16	H	34	484	26	4/15	10.23
52	2:38.24	LITTLE, STEVE	GODERICH	12/19	E	52	505	40	7/19	11.08
53	2:38.37	SHEPHERD, BEN	SEAFORTH	2/3	A	18	548	73	3/3	13.03
54	2:38.40	AKITT, TRACEY	JERSEYVILLE	5/9	I	45	538	42	4/9	11.11
55	2:40.00	STROUD, TATANIA	LONDON	10/16	H	38	528	35	7/15	10.52
56	2:40.28	FAY, MARK	GODERICH	15/22	D	43	462	64	15/22	12.10
57	2:40.42	LACROIX, MARK	GODERICH	4/10	B	24	545	43	6/10	11.12
58	2:41.20	STURZENEGGER, ANGELIKA	MILTON	3/4	G	24	496	54	2/3	11.51
59	2:42.39	CHEBOTT, KEVIN	GODERICH	7/12	C	39	497	71	8/11	12.52
60	2:43.51	FLANAGAN, ANDREW	PORT LAMBTON	3/3	A	19	527	21	2/3	10.09
61	2:44.14	KLOPPENBURG, DAVID	ARVA	16/22	D	45	533	38	10/22	10.59
62	2:44.56	SUTTON, MICHAEL	LONDON	8/12	C	30	458	69	7/11	12.47
63	2:45.07	LYKOUDD, GEORGE	TORONTO	17/22	D	44	543	77	19/22	13.16
64	2:45.33	WATSON, CHRIS	GODERICH	9/12	C	32	546	92	11/11	15.20
65	2:45.36	RADAN, ALEXANDAR	GODERICH	10/12	C	37	540	78	9/11	13.17
66	2:45.58	SCHAERER, CAROLYN	GODERICH	1/1	F	17	495	45	1/1	11.21
67	2:46.52	STAEHLI, CATHY	LUCKNOW	2/8	J	56	491	67	3/8	12.39
68	2:49.11	MCILHARGY, JIM	GODERICH	18/22	D	43	465	74	18/22	13.04
69	2:52.34	BUCK, GLENN	GORRIE	13/19	E	59	536	41	8/19	11.09
70	2:53.00	DAVIES, BILL	WINDSOR	14/19	E	52	515	29	5/19	10.27
71	2:55.08	SHEPHARD, WILLEM	SEAFORTH	5/10	B	20	550	63	8/10	12.06
72	2:55.11	LEFRANCOIS, ANDRI	SAULT STE. MARIE	6/10	B	27	502	98	11/10	17.19
73	2:55.29	CORRIGOIN, CHISTOPHER	WATERLOO	15/19	E	50	594	83	16/19	13.41
74	2:57.28	VANDER HAGEN, CAREY	HAZEL PARK, MI	19/22	D	49	493	90	21/22	14.32
75	2:57.39	PICCO, RAYMOND	HORNELL HEIGHTS	20/22	D	47	467	62	14/22	12.03
76	2:57.44	MARTIN, BARB	LONDON	11/16	H	31	483	50	9/15	11.32
77	2:57.44	CAMERON, NANCY	WATERLOO	3/8	J	51	592	76	5/8	13.15
78	2:57.58	WATT, ERIC	SAULT STE. MARIE	7/10	B	29	503	37	4/10	10.56
79	2:58.36	CALLAHAN, KATRINA	LONDON	12/16	H	38	478	85	12/15	14.07
80	2:59.14	BROOKS, LISA	LONDON	6/9	I	46	486	46	5/9	11.23
81	2:59.21	SHALOM, EDEN	ISREAL	8/10	B	20	504	11	3/10	9.36
82	3:00.01	HAINES, LAD	STRATFORD	16/19	E	62	471	55	11/19	11.52
83	3:00.47	THOMPSON, ELIZABETH	CLINTON	4/8	J	56	501	66	2/8	12.33
84	3:00.51	SCAFE, RON	LONDON	17/19	E	54	506	49	10/19	11.30
85	3:01.19	LESPERANCE, KATHERINE	LONDON	7/9	I	43	525	87	8/9	14.20
86	3:01.22	YOSHIDA, PAT	LONDON	5/8	J	53	524	75	4/8	13.11
87	3:07.55	MCILHARGY, MONIQUE	GODERICH	8/9	I	40	487	80	7/9	13.23
88	3:08.56	DURRANT, TED	LONDON	18/19	E	57	507	89	18/19	14.23
89	3:15.30	HAMILTON, ELIZABETH	OAKVILLE	13/16	H	39	498	95	13/15	16.02
90	3:16.11	SCHMUCK, JULIE	LONDON	6/8	J	50	490	94	7/8	16.02
91	3:16.54	BENTLEY, BILL	WATERLOO	19/19	E	50	468	81	14/19	13.26
92	3:18.47	SUNSTRUM, ROBERT	LONDON	9/10	B	22	542	52	7/10	11.43
93	3:22.47	THOMPSON, PETER	CLINTON	21/22	D	49	499	53	11/22	11.46
94	3:26.06	DUNLOP, LOIS	WATERLOO	14/16	H	35	480	97	15/15	16.22
95	3:26.06	BOTTER, LORI	WATERLOO	9/9	I	44	485	99	9/9	17.34
96	3:29.03	SCHATTELEYN, LUCIA	ENGLEWOOD, FLA	7/8	J	63	489	100	8/8	19.34
97	3:37.15	KELLY, COLM	LONDON	8/8	J	63	544	88	6/8	14.22
98	DNF	MACKAY, MITCH	TORONTO	10/10	B	27	452	91	9/10	15.08
99	DNF	CLOSS, JORDAN	BURLINGTON	11/12	C	34	454	58	6/11	11.54
101	DNF	KENNEDY, HEATHER	LONDON	16/16	H	30	481	56	11/15	11.53

102	DNF	MCDUGALL, CHRIS	WINGHAM	22/22	D	46	539	101	22/22	20.41
103	DNF	KENNEDY, ANDREW	LONDON	12/12	C	35	455			DNF
104	DNF	CROKER, SONYA	LONDON	4/4	G	23	477			DNF
105	DNF	COSENS, BRIGITTE	ST. THOMAS	15/16	H	34	479			DNF

RELAY								1 KM		
<u>PL</u>	<u>TIME</u>	<u>NAME</u>	<u>CITY</u>	<u>DIV</u>	<u>CAT</u>	<u>AGE</u>	<u>#</u>	<u>OVR</u>	<u>DIV</u>	<u>TIME</u>
1	2:10.24	HAREZ	LONDON	1/3	K		561	4	1/3	9.53
2	2:15.33	TEAM R2K	GODERICH	1/10	N	42/42/38	557	1	1/10	8.09
3	2:18.47	THE SHEEP	SEAFORTH	2/10	N		569	13	6/10	13.23
4	2:21.08	HARDLY TRI'ING	KITCHENER	3/10	N		568	10	4/10	12.03
5	2:22.53	THE TEASERS	LONDON	4/10	N		563	3	2/10	9.28
6	2:24.05	INSANELY AUDACIOUS	KITCHENER	5/10	N		567	12	5/10	13.09
7	2:32.27	NICK, THE HICK & THE QUICK	GODERICH	1/3	M	55/46/53	572	6	1/3	10.23
8	2:32.52	JO'S GEMS	GODERICH	2/3	M	46/51/45	559	7	2/3	11.32
9	2:33.01	JULIE'S TEAM	WATERLOO	6/10	N	53/53/55	564	18	8/10	17.45
10	2:33.43	SNODANCE	RIPLEY	1/6	L	31/34	565	5	2/6	9.56
11	2:35.18	THE SISTERHOOD OF THE ...	GODERICH	2/6	L	18/52/18	571	11	4/6	12.16
12	2:41.26	THE GBM	GODERICH	7/10	N	20/18/18	558	20	9/10	18.56
13	2:42.06	STRATFORD TRYATHLETES	STRATFORD	2/3	K		566	22	3/3	22.02
14	2:42.14	TWO CHICKS & A HEN	GODERICH	3/6	L	14/14/30	560	16	5/6	15.45
15	2:43.38	DUTCH TREAT	GODERICH	8/10	N		556	21	10/10	19.08
16	2:44.35	STREAM TEAM	LONDON	3/3	M	53/44/52	555	15	3/6	15.39
17	2:49.34	SAILLO	WATERLOO	4/6	L		553	2	1/6	9.25
18	2:55.24	HURON EMS	LONDON	9/10	N		562	14	7/10	14.23
19	2:58.44	THE DON ACKERMAN'S	ZURICH	10/10	N		570	8	3/10	11.34
20	3:05.18	THE LUCKNOW LADIES	LUCKNOW	5/6	L	16/56/51	554	17	6/6	17.04
21	3:05.25	JAK	GODERICH	6/6	L	16/16/16	552	9	3/6	11.53
22	3:06.09	THE FLAT TIRES	GODERICH	3/3	K		551	19	2/3	18.12

42.5 KM				10 KM			
CYC LE				RU N			
OVR	DIV	TIME	KMPH	OVR	DIV	TIME	/KM
1	1/10	1:06.24	38.40	4	1/9	41.32	4.09
2	1/22	1:09.23	36.75	1	1/21	38.50	3.53
3	2/22	1:10.17	36.28	3	2/21	40.36	4.04
18	3/11	1:17.23	32.95	2	1/10	39.50	3.59
9	2/10	1:14.21	34.30	12	2/9	45.43	4.34
15	6/22	1:16.29	33.34	9	5/21	45.02	4.30
4	1/11	1:12.45	35.05	18	4/10	46.51	4.41
11	2/11	1:14.33	34.21	16	3/10	46.42	4.40
12	5/22	1:14.35	34.20	6	4/21	43.17	4.20
13	1/8	1:15.34	33.75	10	1/8	45.35	4.34
6	2/19	1:13.20	34.77	23	4/19	47.54	4.47
5	1/19	1:13.16	34.80	24	5/19	48.06	4.48
21	8/22	1:17.46	32.79	5	3/21	42.50	4.17
8	1/3	1:14.11	34.37	21	1/3	47.33	4.45
16	2/15	1:16.54	33.16	17	5/14	46.47	4.41
10	4/22	1:14.30	34.23	26	7/21	48.37	4.52
19	7/22	1:17.23	32.95	19	6/21	47.10	4.43
25	4/15	1:19.25	32.11	11	2/14	45.39	4.34
24	5/11	1:19.22	32.13	14	2/10	46.24	4.26
22	3/15	1:18.00	32.69	29	6/14	49.42	4.58
29	1/15	1:21.58	31.11	15	4/14	46.26	4.39
23	9/22	1:19.17	32.16	28	10/21	49.07	4.55
48	10/19	1:25.17	29.90	8	1/19	44.58	4.30
39	6/15	1:23.53	30.40	13	3/14	46.16	4.38
14	3/19	1:16.01	33.55	32	8/19	50.49	5.05
17	4/19	1:17.21	32.97	45	9/19	55.28	5.33
32	10/22	1:22.16	31.00	27	9/21	48.42	4.52
41	8/19	1:24.12	30.29	22	3/19	47.50	4.47
38	8/11	1:23.30	30.54	34	5/10	51.46	5.11
30	5/15	1:22.05	31.07	35	7/14	51.52	5.11
33	6/19	1:23.05	30.69	31	7/19	49.57	5.00
42	9/19	1:24.30	30.18	30	6/19	49.53	4.59
47	2/3	1:25.13	29.92	33	1/3	50.52	5.05
37	4/10	1:23.29	30.55	37	3/9	52.07	5.13
7	3/22	1:13.23	34.74	62	17/21	1:01.20	6.08
57	7/15	1:28.01	28.97	7	1/14	44.14	4.25
50	13/22	1:26.00	29.65	25	8/21	48.15	4.50
36	11/22	1:23.27	30.56	57	15/21	1:00.43	6.04
27	1/3	1:21.36	31.25	41	2/3	54.04	5.24
35	7/19	1:23.15	30.63	50	12/19	56.37	5.40
43	2/9	1:24.33	30.16	40	2/9	53.53	5.23
54	4/9	1:27.08	29.27	39	1/9	53.21	5.20
51	14/22	1:26.12	29.58	51	13/21	58.15	5.50
46	3/9	1:24.41	30.11	52	5/9	58.27	5.51
59	8/15	1:28.25	28.84	44	9/14	55.23	5.32
74	16/19	1:34.30	26.98	20	2/19	47.10	4.43
40	12/22	1:24.06	30.32	54	14/21	59.23	5.56

70	6/9	1:31.42	27.81	47	3/9	56.05	5.37
55	12/19	1:27.10	29.25	49	10/19	56.34	5.39
68	11/11	1:31.24	27.90	38	6/10	52.15	5.14
72	11/15	1:32.45	27.49	43	8/14	55.07	5.31
31	5/19	1:22.13	31.02	69	13/19	1:05.03	6.30
44	2/3	1:24.35	30.15	60	2/3	1:00.59	6.10
67	5/9	1:31.08	27.98	48	4/9	56.21	5.38
60	9/15	1:28.46	28.73	55	10/14	1:00.12	6.01
78	17/22	1:36.15	26.49	36	11/21	52.03	5.12
65	6/10	1:30.50	28.07	53	4/9	58.40	5.52
75	3/3	1:34.49	26.89	42	3/3	54.40	5.28
34	7/11	1:23.05	30.69	73	7/10	1:06.42	6.40
45	3/3	1:24.36	30.15	76	3/3	1:09.06	6.55
82	18/22	1:37.20	26.20	46	12/21	55.55	5.36
61	9/11	1:29.11	28.59	65	8/10	1:02.58	6.18
66	15/22	1:30.52	28.06	61	16/21	1:00.59	6.06
20	4/11	1:17.39	32.84	83	9/10	1:12.34	7.15
26	6/11	1:19.34	32.05	84	10/10	1:12.45	7.17
49	1/1	1:25.36	29.79	75	1/1	1:09.01	6.54
71	3/8	1:32.42	27.51	56	2/8	1:00.31	6.03
69	16/22	1:31.39	27.82	67	20/21	1:03.28	6.21
86	19/19	1:38.03	26.01	68	11/18	1:04.22	6.26
56	13/19	1:27.27	29.16	87	17/19	1:15.06	7.31
52	5/10	1:27.00	29.31	89	8/9	1:16.02	7.36
81	7/10	1:37.03	26.28	58	5/9	1:00.49	6.05
53	11/19	1:27.02	29.30	86	16/19	1:14.46	7.29
90	20/22	1:41.23	25.15	63	18/21	1:01.33	6.09
88	19/22	1:39.46	25.56	72	21/21	1:05.50	6.35
77	13/15	1:35.51	26.60	78	12/14	1:10.21	7.02
87	5/8	1:39.24	25.65	70	4/8	1:05.05	6.31
89	8/10	1:39.46	25.56	74	7/9	1:07.16	6.44
76	12/15	1:35.14	26.78	77	11/14	1:09.15	6.56
91	1/9	1:42.03	24.99	71	6/9	1:05.48	6.35
93	10/10	1:46.48	23.88	64	6/9	1:02.27	6.15
73	15/19	1:33.45	27.20	85	15/19	1:14.24	7.26
94	6/8	1:47.16	23.77	59	3/8	1:00.58	6.06
85	18/19	1:37.54	26.05	82	14/19	1:11.27	7.08
80	7/9	1:36.24	26.45	80	7/9	1:10.35	7.04
84	4/8	1:37.47	26.08	79	5/8	1:10.24	7.02
83	8/9	1:37.43	26.10	91	9/9	1:16.49	7.41
64	14/19	1:30.16	28.25	90	18/19	1:16.17	7.38
62	10/15	1:29.27	28.51	96	14/14	1:30.01	9.00
95	7/8	1:49.07	23.37	81	6/8	1:11.02	7.06
79	17/19	1:36.21	26.47	95	19/19	1:27.07	8.43
92	9/10	1:44.43	24.35	93	9/9	1:22.21	8.14
101	22/22	2:07.59	19.92	66	19/21	1:03.02	6.18
98	14/15	1:53.16	22.51	94	13/14	1:24.28	8.27
97	9/9	1:52.08	22.74	88	8/9	1:15.24	7.32
96	8/8	1:50.24	23.10	92	7/8	1:19.03	7.54
58	2/8	1:28.12	28.91	97	8/8	1:54.41	11.3
28	3/10	1:21.39	31.23			DNF	
63	10/11	1:30.04	28.31			DNF	
99	15/15	1:54.34	22.26			DNF	

100	21/22	1:58.06	21.59	DNF
		DNF		DNF
		DNF		DNF
		DNF		DNF

42.5 KM				10 KM			
'-----CYC LE-----'				'-----RU N-----'			
OVR	DIV	TIME	KMPH	OVR	DIV	TIME	/KM
4	1/3	1:18.08	32.64	2	1/3	42.23	4.14
2	1/10	1:15.36	33.73	8	7/10	51.48	5.11
6	3/10	1:20.54	31.52	3	2/10	44.30	4.27
10	7/10	1:23.29	30.55	4	3/10	45.34	4.33
9	6/10	1:22.45	30.82	7	6/10	50.40	5.04
8	5/10	1:22.14	31.00	6	5/10	48.42	4.52
12	2/3	1:26.52	29.36	13	1/3	55.12	5.31
3	1/3	1:16.49	33.20	14	2/3	56.31	5.39
5	2/10	1:19.21	32.14	5	4/10	45.55	4.36
13	2/6	1:28.46	28.73	12	2/6	55.01	5.30
1	1/6	1:13.35	34.65	22	6/6	1:09.27	6.57
17	9/10	1:41.18	25.17	1	1/10	41.12	4.07
11	2/3	1:26.43	29.41	9	2/3	53.21	5.20
14	3/6	1:29.05	28.43	16	4/6	57.24	5.44
7	4/10	1:21.42	31.21	20	10/10	1:01.48	6.11
15	3/3	1:30.08	28.29	18	3/3	58.48	5.53
18	4/6	1:42.38	24.86	17	5/6	57.31	5.45
16	8/10	1:31.12	27.96	19	9/10	59.49	5.59
21	10/10	1:52.34	22.65	11	8/10	54.36	5.28
19	5/6	1:42.52	24.79	15	3/6	57.22	5.44
22	6/6	1:59.36	21.32	10	1/6	53.46	5.23
20	3/3	1:42.57	24.77	21	3/3	1:05.00	6.30